

### MEETINGS/CONFERENCES HELD AT NIN

Shri S. Umapathi, IPS Officer (Retd.) delivered an interactive talk on “Elimination and Prevention of Violence Against Women, Women Empowerment and Safety at the Workplace” during Women Safety, Security and Empowerment Week held on 25<sup>th</sup> November. Dr. Sylvia F Rao, Scientist E, ET Division & Convener, Internal Complaints Committee welcomed the gathering. All the staff and students of the Institute participated.



### ACADEMIC EVENT

An Orientation Programme for the newly admitted MSc (Applied Nutrition & Sports Nutrition) courses (2022-24) batch was conducted by Extension and Training (E T) Division & MYAS-NIN on 9<sup>th</sup> November, addressed by Dr. Hemalatha. R, Director ICMR-NIN. Earlier, a welcome address was given by Dr. M. Maheshwar, Scientist-E, HoD, E T Division, Member Secretary, M.Sc. Courses. Dr. J. J. Babu, Scientist-F, HoD, Clinical Epidemiology Division, Convener –Students Hostel Committee spoke on Rules & Regulations/ Disciplinary policies of Students Hostel. Dr. C.Suresh, Scientist-F, HoD, Cell Biology Division, Academic Coordinator, M.Sc. Courses, gave a briefing about Academic topics and Introduction of faculty. Dr. Sylvia F. Rao, Scientist-E, ET Division, briefed on “Internal Complaints Committee” and “Anti Ragging Committee”, parents of the newly admitted students also participated.



## TRAINING PROGRAMME

A training program on "Training of Trainers" under National Programme for Prevention and Control of Fluorosis (NPPCF) was conducted at ICMR-NIN, Hyderabad from 22-24 November, 2022. State & District Nodal Officers and District Consultants (total 21) from Andhra Pradesh, Assam, Chhattisgarh, Haryana, Kerala, Telangana and West Bengal participated in the training programme.



## VISITS

Prof. Rabinarayan Acharya, DG, Central Council for Research in Ayurvedic Sciences visited Food Chemistry Division along with Dr. G. P. Prasad, Asst. Director & Dr. Ramesh Kumar, National Instt. of Med. Heritage for exploring opportunities of Collaborative Research in Ayurveda Ahar on 11<sup>th</sup> November.



## WORKSHOP

A workshop on "nutrition for the age group 3-6 and suggested measures for healthy growth" was organized for preschool teachers by the Clinical Division on 3<sup>rd</sup> November.



4<sup>th</sup> E-dialogue in Lets Fix Our Food series on 'Nutrition Literacy for Adolescents' held on 14<sup>th</sup> November.

**icmr**  
**NIN**

unicef  
for every child

**Let's Fix Our Food**  
ICMR-NIN E-Dialogues Series  
Children's Day Special

**4<sup>th</sup> E - Dialogue Series**  
14<sup>th</sup> NOVEMBER, 2022 | 03.00 - 05.30pm (IST) | **Nutrition Literacy Among Adolescents**

3.00 pm to 3.10 pm **Welcome Note**  
Dr. A. Laxmalah  
Scientist G & Head,  
Division of Public Health Nutrition, ICMR-NIN

3.10pm to 3.30 pm **Opening remarks and flagging the issues**  
Dr. SubbaRao M Gavaravrapu  
Scientist F - Sr. Deputy Director & Head,  
Nutrition Information,  
Communication & Health Education (NICHE) Division ICMR-NIN

Dr. A. Laxmalah

Dr. SubbaRao M Gavaravrapu

## PLEDGE

NIN staff have administered oath on Constitution Day. Smt B. Parassacty, SAO is seen administering the pledge on the preamble of Indian Constitution on November 26<sup>th</sup>.



## COMMUNAL HARMONY CAMPAIGN WEEK (19<sup>th</sup> to 25<sup>th</sup> November, 2022)

Extension & Training (ET) Division, ICMR-National Institute of Nutrition organized Communal Harmony Campaign Week from 19<sup>th</sup> to 25<sup>th</sup> November at its campus. Students and employees participated enthusiastically from the day one November 19<sup>th</sup>, and Flag Day was observed on 25<sup>th</sup> November. This campaign was conducted in association with National Foundation for Communal Harmony (NFCH) under the direction of the Home Ministry, Government of India. As a part of the campaign, NFCH aim is to spread the message of Peace, Harmony and National Integration all over the country. ET Division & MYAS conducted elocution competition for the MSc Students and the winners were **Ms. Vibhashree** (2<sup>nd</sup> year AN) - 1<sup>st</sup> Prize, **Ms. Soumya** and **Ms. Meghana** (1<sup>st</sup> year SN) - 2<sup>nd</sup> Prize.



## IAEC MEETING

The ICMR-NIN Institutional Animal Ethics Committee (IAEC) meeting was held on 23<sup>rd</sup> November. The Committee members scrutinized and approved nine animal experimental protocols, reviewed and approved the form C and D. The Committee members also conducted the Annual Inspection of the Animal Facility and expressed their satisfaction.



## PARTICIPATION OF SCIENTISTS IN WORKSHOP/CONFERENCES

### Dr. HEMALATHA R, Director

- Invited speaker at the workshop on "Health & Nutrition Interventions for Achieving Inclusive Human Development" with special focus on maternal and child nutrition, organized by Department of Health and Family Welfare, Government of Arunachal Pradesh, Itanagar on 3<sup>rd</sup> November.
- Meeting with DG, ICMR to discuss on the development of Indian growth charts, organized by ICMR, New Delhi on 5<sup>th</sup> November.
- Meeting on Smart Protein, organized by DBT, New Delhi on 12<sup>th</sup> November.
- Meeting of Search-cum-Selection Committee under National Commission for Allied and Healthcare Professions (NHACP) Act, 2021 to recommend names for appointment of Chairperson, Vice-chairperson and the Secretary of NHACP, organized by Ministry of Health & Family Welfare on 14<sup>th</sup> November.
- Meeting regarding presentation of WINGS study to Chief Secretary, Karnataka, under the Chairmanship of Dr.V.K.Paul, Hon'ble Member (H), NITI Aayog, organized by NITI Aayog on 15<sup>th</sup> November.
- Second meeting of Inter-Ministerial Committee to review of blending in edible oils in general and Sunflower oil in particular' attended the meeting, organized by Ministry of Health & Family Welfare, Department of Health & Family Welfare, New Delhi on 16<sup>th</sup> November.
- Meeting to discuss undernutrition and anaemia under the co-chairmanship of Dr.V.K.Paul, organized by NITI Aayog on 20<sup>th</sup> November.
- Meeting of Senior Management Team (SMT) with ICMR officials and all Directors of ICMR Institutes, organized by office of DG, ICMR on 24<sup>th</sup> November.
- Consultation meeting on Evidence Synthesis for Anaemia, organized by ICMR, New Delhi on 26<sup>th</sup> November.
- Meeting to discuss technical specifications of Iron and Folic Acid supplements under Anaemia Mukta Bharat (AMB) programme Drugs, organized by Ministry of Health and Family Welfare, New Delhi on 28<sup>th</sup> November.
- Meeting with the NIN scientists to take forward the DABS study on 30<sup>th</sup> November.

### Dr. G. BHANUPRAKASH REDDY

- Attended the International Conference on Frontiers in Nutrition, Medical Genomics and Drug Discovery, Vigan Foundation for Science, Technology and Research, Vadlamudi, from Oct 31-Nov 2, 2022 and delivered an invited talk on 'Micronutrient status and biochemical pathways in diabetic complications: Scope for nutrigenomics studies'.

- Participated in the CME program and panel discussion of National Academy of Medical Sciences Annual Conference, Jaipur, from 11-13, November, 2022 and delivered a talk on 'Impact of micronutrient deficiencies and molecular mechanisms in diabetic complications'.

### Dr. SUDIP GHOSH

- Attended Pre-SAC meeting of ICMR-NITM, Belagavi on 7<sup>th</sup> November.

### Dr. SUBBARAO M GAVARAVARAPU

- Conducted the 4<sup>th</sup> Let'sFix Our Food E-dailogue on Nutrition Literacy Among Adolescents on the occasion of Children's Day on 14<sup>th</sup> November.
- Chaired the Third Meeting of FAD 15 Panel 4 on Food Labelling of Bureau of Indian Standards (BIS) virtually on 16<sup>th</sup> November.
- Meeting on Scoping of Review on Behavior Change Interventions to Promote Consumption of Healthy Foods organised by Transforming Afri Food Systems in Asia (TAFFSA), International Food Policy Research Centre (IFPRI) virtually on 18<sup>th</sup> November.
- Invited as a speaker in the National Webinar on Behaviour change for managing Non-Communicable diseases (NCDs). Delivered a talk on "Harnessing NCD (Nutrition Communication & Dissemination) to combat NCDs" on 25<sup>th</sup> November.
- Chaired the Fourth Meeting of FAD 15 Panel 4 on Food Labelling of Bureau of Indian Standards (BIS) virtually on 30<sup>th</sup> November.
- Invited as a panel speaker to share 'reflections on consumers and healthy diets' in the opening Plenary of the 'Delivering for nutrition in South Asia: Transforming Diets' (D4N Conference) jointly organised by International Food Policy Research Centre with NIN as a co-host.

### Dr. M. MAHESHWAR

- Participated in One-week training program (31<sup>st</sup> October - 4<sup>th</sup> November) on "Emotional Intelligence at Workplace for Scientists/ Technologists" at the Centre for Organization Development, sponsored by Department of Science & Technology, Madhapur, Hyderabad.

### Dr. K. RAJENDER RAO

- Delivered a guest lecture on "Diet Gene interaction and Research Methodology" at Lovely professional University, Jalandhar, Punjab on 22<sup>nd</sup> November.

### Dr. SREENIVASA REDDY

- Delivered a talk on 'Exploring new therapeutic targets of metabolic disorders' in the two-day, National Seminar on "Challenges and treatment approaches of metabolic disorders" Organized by the Department of Biochemistry and Biotechnology, Sri Krishnadevaraya University, Anantapur on 28<sup>th</sup> & 29<sup>th</sup> October.

## JOURNAL CLUB



**Dr. K. Venkatesh** Scientist E &

**Dr. S. Shankar**, Scientist B, ET Division delivered a talk on "Sports Nutrition: An Evolving Discipline" on 11<sup>th</sup> November.



**Ms. Madhuri Bandaru**, Cell Biology Division delivered a PhD plan & progress presentation on "Lead and amyloid toxicity on mitochondrial function in human brain cells" on 25<sup>th</sup> November.

**Mr. Hanuman Naik R**, Drug Safety Division delivered PhD Final Presentation on "Effect of zinc on intestinal iron absorption: Studies on hephaestin" on 25<sup>th</sup> November.



## Young Mind Idea (YMI) Talk



**Ms. Akankshya Satapathy & Ms. Kanishka Upadhyay**, M.Sc. (Applied Nutrition) delivered a talk on "Cutin: Waxy Successor of the Plastic Storage Era" on 11<sup>th</sup> November.

**Ms. GL. Srujana**, MSc (Applied Nutrition), spoke on "Biohacking of Brain" on 25<sup>th</sup> November.



# Congratulations!



**Dr. A. Laxmaiah**, Scientist G & Head, Public Health Nutrition Division on being elected as the Fellow of National Academy of Sciences India (NASI).



**Dr. Sai Ram Challa**, Scientist E & Head, Maternal and Child Health & Nutrition Division felicitated and awarded with GS. Sainani Felicitating Award &

**Dr. Raja Sriswan**, Scientist D, Maternal and Child Health and Nutrition Division felicitated with Dr. TK. Basu Memorial Award, by the 25<sup>th</sup> World Congress on Clinical Nutrition Organising Committee held at Lucknow from 26<sup>th</sup>-27<sup>th</sup> November.

## Ph.D Awarded

**Mr. Sandeep K. Kotturu**, awarded Ph.D. in Biochemistry for his thesis entitled "Role of micro RNA in the development of obesity and diabetes" from Osmania University, Hyderabad.

**Mr. Naga Muralidhar Merugu** awarded Ph.D for his thesis entitled "Genetic and epigenetic approach towards obesogenesis: Using rat model system" under the guidance of Dr. K. Rajender Rao, Scientist-E.

## PAPERS PUBLISHED/ ACCEPTED FOR PUBLICATION

- Zorbas C, Jeyapalan D, Peeters A, Kapeke K, Sethi V, Murira Z, Gavaravarapu SM, Backholer K. World Children's Day 2022: power, policy, and children's rights to nutrition. Lancet. 2022 Nov 18;S0140-6736 (22) 02352-2. doi: 10.1016/S0140-6736 (22) 02352-2.
- M. Nagaraju, Krishna K. Kalahasti, K. Prathap Reddy, Utkarsh R. Addi, M. Satyavani, G. Bhanuprakash Reddy & S. Sreenivasa Reddy. Anti-inflammatory potential of turmeric, amla, and black pepper mixture against sepsis-induced acute lung injury in rats Journal of Food Science and Technology (2022).

### Book Chapter

- Gavaravarapu, S.M., Seal, A. (2022). Nutrition Communication-Experiments, Experiences and Exasperation. In: Kaushik, A., Suchiang, A. (eds) Narratives and New Voices from India. Communication, Culture and Change in Asia, vol 8. Springer, Singapore. [https://doi.org/10.1007/978-981-19-2496-5\\_15](https://doi.org/10.1007/978-981-19-2496-5_15)

व्यथा का निवारण के लिए अभ्यावेदन की भाषाएं:

**Languages to be used in the representation for redressal of grievance:**

**अनुच्छेद 350:** किसी शिकायत के निवारण के लिए संघ या राज्य के किसी पदाधिकारी को, यथास्थिति, संघ में या राज्य में प्रयोग होने वाली किसी भाषा में अभ्यावेदन देने का, प्रत्येक व्यक्ति को हक होगा।

**Article 350:** Every person shall be entitled to submit a representation for the redressal of any grievance to any officer or authority of the Union or a State in any of the languages used in the Union or in the State, as the case may be.

## A few English words and their Hindi equivalents

Judicial	: न्यायिक	Judiciary	: न्याय पालिका
Judicial power	: न्यायिक शक्ति	Judicial process	: न्यायिक प्रक्रिया
Judicial authority	: न्यायिक प्राधिकार	Judicial activism	: न्यायिक सक्रियता
Judicial custody	: न्यायिक हिरासत	Judicial enquiry	: न्यायिक जांच
Judicial lockup	: न्यायिक हवालात	Judicial Notice	: न्यायिक अवेक्षा
Judicial Service	: न्यायिक सेवा	Judgement	: निर्णय